

Ascot High School
Department of Human Ecology

Semester/Term:	1	Academic Year:	2025- 2026	Grade:	9
WEEK	LESSONS	OBJECTIVES	ASSIGNMENT SCHEDULE	TEACHING RESOURCES	STUDENT EVALUATION (IN-CLASS ACTIVITIES)
			DIAGNOSTIC TEST		
	TERM 1				
1	Fashion Terminology The Fashion Design Cycle	<ol style="list-style-type: none"> 1. Define fashion-related terms 2. Explain the term fashion cycle 3. Identify at least 2 stages in the fashion cycle 4. Differentiate between at least two (2) stages in the fashion cycle 	CREATE A TERMINOLOGY BOOKLET	HTTPS://YOUTU.BE/K5ULGTkADV0?si=OEAEGLLAZ00GK_Pz CHARTS SHOWING THE FASHION CYCLE HANDOUTS	DRAW A DIAGRAM OF THE FASHION DESIGN CYCLE AND LABEL THE STAGES

COURSE OUTLINE
Family and Consumer Management
Grade 9

2	Fashion sketching Croquis	<ol style="list-style-type: none"> 1. Define the terms fashion sketch and croquis. 2. Identify tools used in fashion sketching 3. Discuss at least two guidelines for sketching 4. Draw an outline sketch of a geometric croquis 	Design costumes for a sporting, drama, dancing, cheerleading gymnastics event, beachwear	HTTPS://YOUTU.BE/99HKDV R01MQ?SI=MOcQxKOj7JTQA79U MALE AND FEMALE CROQUIS	Develop skills in sketching garment design using the croquis
3	Fashion poses and figure types	<p>Appreciate the importance of fashion poses in the modeling and fashion industry</p> <ol style="list-style-type: none"> 2. Identify figure shapes 	DRAW AND LABEL THE DIFFERENT FIGURE TYPES	HTTPS://YOUTU.BE/99HKDV R01MQ?SI=MOcQxKOj7JTQA79U	*Presentation and demonstration of fashion poses
4	Body measurement	<ol style="list-style-type: none"> Identify the parts of the body to be measured for making different garments 2. Take and record body measurements 	Record personal measurements on a standard body measurement chart	TAPE MEASURE DATA SHEET	In pairs, take and record body measurements and height accurately. Ascertain own figure type.

5&6	Basic Pattern Drafting and Fabric Selection	<p>Week 1</p> <p>1. Define the term pattern drafting, Fitting darts, and bust circle</p> <p>2. List at least ten (10) tools and equipment needed in pattern drafting</p> <p>3. Identify at least 6 symbols found on a pattern</p> <p>4. Differentiate between pattern symbols on a pattern</p> <p>5. Sketch and label pattern symbols on half-scale patterns.</p>		<p>Tools used for drafting patterns</p> <p>Handout: Instructions to draft a size 10 skirt block</p> <p>BROWN PAPER</p> <p>GREASE PAPER</p>	<p>*Draft a skirt/shorts pattern</p> <p><i>Portfolio entry</i></p> <p>Home work: Draft a Skirt pattern</p> <p>Prepare for the quiz</p>
		<p>Week 2</p> <p>6. Drafting a ¼ scale size 12 skirt/shorts pattern</p>		<p>HAND SEWING NEEDLES</p> <p>DOMESTIC MACHINE NEEDLES</p> <p>SCISSORS</p> <p>CALICO FABRICS</p> <p>THREADS</p> <p>SEWING MACHINES</p> <p>CARBON PAPER</p> <p>TRACING WHEEL</p> <p>ELASTIC BAND</p>	

7	Sewing Techniques				
8	Fashion Show	Plan, organize, and implement a fashion show	CREATE A COLLAGE SHOWCASING IMAGES OF DIFFERENT FASHION POSES		*Implement a fashion show Each student is to participate in the Fashion Show by executing at least 3 poses, 10 marks.
TERM 2- FOOD PRODUCTION DEVELOPMENT					
1	Introduction to food product development	<ul style="list-style-type: none">● <i>DEFINITION</i>● <i>REASONS FOR FOOD PRODUCT DEVELOPMENT</i>● <i>REASONS FOR FOOD PRODUCT DEVELOPMENT</i>● <i>MAKE AN INVENTORY OF LOCAL FRUITS AND VEGETABLES THAT ARE IN SURPLUS YEARLY</i>	CREATE A BOOKLET WITH 10 LOCALLY GROWN FRUITS AND VEGETABLES, WITH CREATIVE PRODUCTS		CREATE AN INVENTORY WITH LOCALLY GROWN FRUITS AND VEGETABLES IN SURPLUS EACH YEAR

2	Pastry Making	<ul style="list-style-type: none"> • <i>DEFINE PASTRY</i> • TYPES OF PASTRY DOUGH • PASTRY TERMS • FUNCTION OF INGREDIENTS 	CREATE A GLOSSARY OF TERMS	HTTPS://YOUTU.BE/EJ4Y2TdRQFI?si=6VC2PUYJIpm1RgYH P.P.T ON PASTRY MAKING PROJECTOR LAPTOP HAND-OUTS	
3	Pastry Making	<ul style="list-style-type: none"> • <i>GUIDELINES</i> • <i>FAULTS, CAUSES, AND REMEDIES</i> 	CREATE A SHORT-CRUST RECIPE BOOKLET WITH 10 RECIPES		RESEARCH RECIPE FOR PRACTICAL
<p style="text-align: center;">4</p> <p style="text-align: center;">Pastry Making Practical</p>					
5	Cake Making	<ul style="list-style-type: none"> • <i>DEFINE CAKES</i> • <i>TERMS</i> • <i>METHODS OF CAKE MAKING</i> 	STUDENTS WILL COLLECT 5 RECIPES THAT USE THE METHOD OF CREAMING TO MAKE A RECIPE BOOK	PPP ON CAKE MAKING PROJECTOR LAPTOP HAND OUTS	

6	Cake Making	<ul style="list-style-type: none"> <i>CHOICE AND FUNCTION OF INGREDIENTS</i> <i>CAUSES, FAULTS, AND REMEDIES IN CAKE MAKING</i> 	RESEARCH	https://youtu.be/A_BF3F7GAY8?si=SOte14_rGLTW5LvL	CREATE A CHART WITH CAUSES, FAULTS, AND REMEDIES IN CAKING MAKING
7	Caking Making Practical				
8	Food Preservation	Reasons for preserving foods, Principles of food preservation, Methods of food preservation	DO A P.P.P. USING THE GIVEN OBJECTIVES	https://youtu.be/u3Zo6MGI2BA?si=7vS8QtV2OEmAGsHU	
TERM-3 MINI ENTERPRISE PROJECT					
1	Business Plan	<ol style="list-style-type: none"> Define the term business plan Identify the purposes of a business plan Explain different sections of a business plan Develop a business idea 	CREATE A SMALL BUSINESS PLAN FOR A MINI ENTERPRISE BUSINESS	https://youtu.be/EJ4Y2TdRQFI?si=6VC2PUYJlPM1RGYH	

2	Market Survey	<ol style="list-style-type: none">1. Define the term survey2. Discuss the importance of carrying out a survey3. Identify key questions that should be asked when creating a survey4. Develop a survey for prospective clients for your new business			
3&4	Marketing Plan	<ol style="list-style-type: none">1. Explain the term market plan2. Identify components of a market plan3. Discuss key elements of a market plan4. Create a basic market plan		HANDOUT RESOURCE PERSONNEL LAP TOP PROJECTOR P.P.T.	

5	Advertising	<ol style="list-style-type: none">1. Define the term advertisement2. List advertising media and methods of advertising the product3. State business name4. Develop a business logo	Plan an advertising campaign	HANDOUT RESOURCE PERSONNEL LAP TOP PROJECTOR P.P.T.	CREATE A BUSINESS LOGO
6	Presentation				